



harnessing the future

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RESOURCE PACKS

- ***Bullying – A Complete Approach*** – This pack contains a section for teachers and parents with hints on how to identify bullying. **80 pages.**
- ***Teenage Depression – A Way Out*** – This resource pack tackles the issue of depression including its causes and the signs that parents and teachers can look out for. **70 Pages.**
- ***Over To You*** – A valuable resource pack covering self-esteem, motivation, confidence and self-awareness – a comprehensive 140-page trainer manual plus worksheets. **180 pages.**
- ***What Would You Do?*** – A series of plays involving a moral dilemma followed by activities to encourage discussion and further investigation. **45 pages.**
- ***Your Life, Your Choice*** – Covers health, self-esteem, education, smoking/drinking/drugs, exam-stress, goal-setting & communication. **115 pages.**
- ***Alcohol, Drugs & Tobacco – The Decision is Yours*** – Gives young people the facts about drinking, smoking and drugs. **50 pages.**
- ***Think Right!*** – Deals with positive thinking by encouraging young people to recognise and build on their strengths. **50 pages.**
- ***Families & Relationships*** – Deals with relationships, families and step-families, parent/child relationships, dating, marriage & single-parent families. **50 pages.**
- ***PSHE Card Set*** – A set of A4 double-sided wipe-clean cards with activities and topics for discussion covering issues such as alcohol and drugs, gender issues, bullying, depression and self-esteem. **12 card set.**
- ***Personal Safety in Cyberspace*** – Looks at the dangers of chat rooms, phishing, webcams, cyber-bullying and online scams. **50 pages.**
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- ***Making Sense of Finance Part 2*** – Covers opening a bank account, mortgages & buying a house, calculating interest, insurance, pensions. **50 pages.**
- ***Choosing a Career*** – This pack prepares young people for the world of work and examines the choices available and where to go for advice. **50 pages.**
- ***Effective Job Hunting*** – Examines the entire job hunting process including career decisions, contacting agencies, job centres etc. **70 pages.**

To order copies of the resource packs or to find out more about STS, fill in the order form below or order online at www.stsresources.co.uk.

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